

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>*Outdoor classes will be held indoors in the event of inclement weather.</b></p>	<p><b>1</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>2</b> 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)</p>	<p><b>3</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p>7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)</p>	<p><b>5</b> 7:30am Body Tone (Janice) 8:30am ELDOA (Janice)</p>	<p><b>6</b> 6:30am HITT and Stretch (Olga) <b>*OUTDOOR*</b> 7:30am Mat Pilates and Yoga Fusion (Olga) <b>*OUTDOOR*</b> 8:30am Indoor Stretch (Olga)</p>
<p><b>7</b> 6:30am Vinyasa Flow (Ash) <b>*OUTDOOR*</b> 7:30am Restorative Flow (Ash) <b>*OUTDOOR*</b></p>	<p><b>8</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>9</b> 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)</p>	<p><b>10</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>11</b> 7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)</p>	<p><b>12</b> 7:30am Body Tone (Janice) 8:30am ELDOA (Janice)</p>	<p><b>13</b> <b>NO CLASS</b></p>
<p><b>14</b> 6:30am Vinyasa Flow (Ash) <b>*OUTDOOR*</b> 7:30am Restorative Flow (Ash) <b>*OUTDOOR*</b></p>	<p><b>15</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>16</b> 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)</p>	<p><b>17</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>18</b> 7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)</p>	<p><b>19</b> 7:30am Body Tone (Janice) 8:30am ELDOA (Janice)</p>	<p><b>20</b> <b>NO CLASS</b></p>
<p><b>21</b> 6:30am Vinyasa Flow (Ash) <b>*OUTDOOR*</b> 7:30am Restorative Flow (Ash) <b>*OUTDOOR*</b></p>	<p><b>22</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>23</b> 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)</p>	<p><b>24</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>25</b> 7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)</p>	<p><b>2</b> 7:30am Body Tone (Janice) 8:30am ELDOA (Janice)</p>	<p><b>27</b> 6:30am HITT and Stretch (Olga) <b>*OUTDOOR*</b> 7:30am Mat Pilates and Yoga Fusion (Olga) <b>*OUTDOOR*</b> 8:30am Indoor Stretch (Olga)</p>
<p><b>28</b> 6:30am Vinyasa Flow (Ash) <b>*OUTDOOR*</b> 7:30am Restorative Flow (Ash) <b>*OUTDOOR*</b></p>	<p><b>29</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>	<p><b>30</b> 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)</p>	<p><b>31</b> 7:30am Gentle Yoga (Deb) 8:30am Yoga Fusion (Deb)</p>			