

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	2 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)	3 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)		5 7:00am Mat Pilates (Olga) 8:00am Stretch (Olga) 9:00am ELDOA (Janice)	6 6:30am HITT and Stretch (Olga) **OUTSIDE 7:30am Mat Pilates and Yoga Fusion (Olga) **OUTSIDE 8:30am Stretch (Olga)
7	8 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	9 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)	10 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	11 7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)	12 7:00am Mat Pilates (Olga) 8:00am Stretch (Olga) 9:00am ELDOA CANCELED	13 6:30am HITT and Stretch (Olga) **OUTSIDE 7:30am Mat Pilates and Yoga Fusion (Olga) **OUTSIDE 8:30am Stretch (Olga)
14	15 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	16 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)	17 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	18 7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)	19 7:00am Mat Pilates (Olga) 8:00am Stretch (Olga) 9:00am ELDOA (Janice)	20 7:30am Body Tone (Janice) 8:30am Stretch (Janice)
21	22 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	23 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)	24 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	25 7:30am Mat Pilates (Olga) 8:30am Stretch (Olga)	26 7:00am Mat Pilates (Olga) 8:00am Stretch (Olga) 9:00am ELDOA (Janice)	27 6:30am HITT and Stretch (Olga) **OUTSIDE 7:30am Mat Pilates and Yoga Fusion (Olga) **OUTSIDE 8:30am Stretch (Olga)
28	29 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)	30 7:30am Strength Training (Olga) 8:30am Mat Pilates (Olga) 9:30am Stretch (Olga)	31 7:30am Gentle Yoga (Deb) 8:30am Vinyasa Yoga (Deb)			**OUTSIDE classes will be held on the sunrise deck